

Trainee Name:

Child's Name/DOB:

Nasogastric Feeding: Preparation & Administration via bolus: Initial Competency Sheet

Minimum of TWO supervised practices to be supervised by a person who has previously been assessed as competent or by a Registered Nurse (RN).



Number & Action		Date of Initial training session:		Date of Supervised practice:		Date of Supervised practice:		Date of assessment of competence:	
		RN sign	Trainee sign	RN sign	Trainee sign	RN sign	Trainee sign	RN sign	Trainee sign
1	Trainee can explain the reasons why some individuals may require enteral tube feeding								
2	Trainee can explain:- Process of preparing the feed - Importance of good hand hygiene -Length of time the feed can be used for, how often the giving set or syringes need changing and troubleshoot any difficulties								
3	Trainee can identify & explain specific risks associated with this procedure(ie. potential of milk aspiration or tube displacement) -What to do if the nasogastric tube becomes dislodged and if the child coughs/chokes/gags/vomits or changes colour during feeding								
4	Trainee can identify & explain: -correct confirmation of nasogastric tube placement, -why and when to check placement								

Insertion and Maintenance of Nasogastric Feeding Tubes in Infants, Children and Young People- Policy Toolkit- Appendix 10.

	-how to check length of tube -acceptable Ph readings to confirm gastric placement and what action to take if unable to obtain aspirate								
5	Trainee can confidently and safely: -Prepare feed and equipment for administration -correctly position child at a minimum 30-degree angle to minimise risk of oesophageal reflux -prime the feed set if used and administer feed appropriately								
6	Trainee can explain and demonstrate the need to flush the tube with water before and after feed and air flush at end.								
7	On completion of feed Trainee is aware of standard precautions of infection control and can demonstrate appropriate procedure for cleaning reusable items and disposal/recycling of non -reusable items.								
Action plan/comments									

Trainee and Nurse Assessor must sign below prior to carrying out nasogastric feeds without supervision

Trainee	Print name, signature & date	Nurse assessor	Print name, signature & date
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Insertion and Maintenance of Nasogastric Feeding Tubes in Infants, Children and Young People- Policy Toolkit- Appendix 10.

<p>I have received training and been assessed as competent. I am willing to undertake nasogastric feeds without supervision.</p> <p>I will not allow anybody to feed the named child via the nasogastric tube unless trained and assessed to do so by the Paediatric Enteral Feeding Team.</p>		<p>The named person has received training to carry out nasogastric feeding for the above named child and has been assessed as competent to carry out the procedure unsupervised.</p>	
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PLEASE NOTE: With the exception of parents/guardians, competence must be re-assessed on an annual basis or sooner if any concerns are raised. Please contact the team to arrange this on 01633 618019/ 618065. Parents/guardians will have competence discussed and reviewed at their child's annual review. To maintain skill and competence, the trainee should undertake the skill on a regular basis, ideally at least weekly.